

iaedp-Tucson™ Chapter

International Association of Eating Disorder Professionals Foundation



Kathleen Martin, LCSW

The Utility of Structural Dissociation Theory in the Treatment of Eating Disorders

Date: Wednesday, November 8, 2023
Time: 7:45 am - 8:15am Check In, Breakfast & Networking
8:15am – 12:00pm Announcements & Presentation
Location: The Venue at Sheraton
5151 E. Grant
Tucson, AZ 85712
520-325-1541
Registration: <http://iaedptucson.com>
Contact: tucsoniaedp@gmail.com
IAEDP Members: \$35 **Non-Members:** \$40
Students: \$15 **At the door:** \$45



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Upon completion of this intermediate level presentation, you will be able to:

1. Explain the Structural Dissociation Theory of the Personality.
2. Name the most common mistake made in the treatment of people with a dissociative process.
3. Define non-personification and list two strategies to treat it.

Description: It is well known that eating disorders are a strategy to distract from psychological pain. Dissociation is also known as a strategy to distract from psychological pain. Many people with an eating disorder have a dissociative process, with or without meeting criteria for a DSM-5 diagnosable dissociative disorder. It is important that all clinicians have a strong base of knowledge in dissociation theory to meet the treatment needs of those who have a dissociative process. This seminar will teach Structural Dissociation Theory and show how to apply it in the treatment of people with eating disorders.

Speaker Bio: Kathleen Martin, LCSW, EMDRIA Consultant and Trainer, is an international trainer on EMDR therapy and the treatment of complex trauma. In her private practice in Rochester, New York, USA, she uses EMDR therapy extensively in her specialty of PTSD, complex trauma and dissociation. She has published How to Use Fraser's Dissociative Table Technique to Access and Work with Emotional Parts of the Personality, Structural Dissociation in the Treatment of Trauma and Eating Disorders, and Trauma-Informed Approaches to Eating Disorders. She created a strategy called Oblique Time Orientation and has an in-press article on this. She has integrated Structural Dissociation theory into her clinical practice and teaches master classes to help clinicians do the same. Kathleen has been awarded Fellow status by the International Society for the Study of Trauma and Dissociation.

This workshop is appropriate for: Mental health professionals, physicians, nurses, dietitians, nutritionists, school counselors, school psychologists, health coordinators, and other helping professions with an interest in learning more about the prevention, treatment, and recovery from an eating disorder.

3 Continuing Education Credits available: Psychologists - This program is co-sponsored by The Meadows and iaedp-Tucson. The Meadows is approved by the American Psychological Association to sponsor continuing education for psychologists; The Meadows maintains responsibility for this program and its content. Participants must be present for the entire presentation (sign in and sign out required) and complete the evaluation in order to obtain a CE certificate. This course meets criteria for 3.0 hours of continuing education credit hours for psychologists.

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