CERTIFICATION BASICS

Since 1985 iaedp™ has served the professional community, providing education and promoting quality care through certification.

iaedp™ Certification

Who?

Clinicians who practice in the field of eating disorders as part of a multi-disciplinary treatment team with:

- Five (5) or more years of experience as a supervisor/mentor and advocate of eating disorder treatment (EQUIVALENCY candidate) who have met the iaedp™ qualifications through years of specialized experience in the treatment of eating disorders and desire formal recognition of expertise.

- Less than five (5) years of independent clinical practice as a licensed clinician in the field of eating disorders specifically (TRADITIONAL candidate) who desire advanced education and training to become recognized as a qualified expert in the treatment of eating disorders.

What?

iaedp™ is a member of the Institute for Credentialing Excellence (ICE) and the National Commission for Certifying Agencies (NCCA) to ensure best practices. iaedp™ currently offers four certifications for clinicians within the multi-disciplinary treatment team. International certifications are available for qualifying clinicians who practice outside of the U.S.

- Certified Eating Disorders Specialist (CEDS) for mental health therapists and physicians

- Certified Eating Disorders Registered Dietitian (CEDRD) for registered dietitians

    - Approved by the Commission on Dietetic Registration (CDR) for 75 CEUs for the five year renewal cycle

- Certified Eating Disorders Registered Nurse (CEDRN) for registered nurses

- Certified Eating Disorders Creative Arts Therapist (CEDCAT) for creative arts therapists

Why?

iaedp™ certification as a specialist with advanced knowledge and training in the treatment of eating disorders provides:

- Professional identity and commitment
- Promotion of ethical standards and care
- Increased consumer confidence and recognition
- Professional excellence and personal satisfaction
- Recognition as a qualified professional in the treatment of eating disorders

How?

Get started now:

Download and follow the *TRADITIONAL or EQUIVALENCY Checklist and application* for your clinical discipline at www.iaedp.com

TRADITIONAL Certification requires the following: (See the checklist specific for your discipline - Traditional CEDS, CEDRD, CEDRN and CEDCAT online)

- An Approved Supervisor's documentation of 2500 supervised patient care hours specific to eating disorders (See *Guide to Supervision online*)
- A Case Study of a client with whom you have completed treatment (See *Case Study Guidelines online*)
- Four Core Courses completed either online or by attending the core course workshops offered prior to the Annual iaedp™ Symposium (See *Core Course Guidelines, Core Course Reading List online*)
- Final Certification Exam passing score (See *Exam Study Guide online*)
- Three Letters of Recommendation from eating disorder clinicians with whom you have worked as part of a treatment team or who have direct knowledge of your work with the eating disorders population. You must have at least one recommendation from a professional who is currently practicing within your specific discipline.

EQUIVALENCY Certification requires the following:

- Documentation of the supervision and mentorship YOU have provided to OTHER eating disorder clinicians for five or more years
- Equivalent experiences throughout your career that take the place of the required core courses, case study and final exam* requirements of the TRADITIONAL certification. (See *EQUIVALENCY Checklist* for your discipline online)
    - * The EQUIVALENCY CEDRD requires the final Certification Exam for the Commission on Dietetic Registration
- Three Letters of Recommendation from eating disorder clinicians with whom you have worked as part of a treatment team or who have direct knowledge of your work with the eating disorders population. You must have at least one recommendation from a professional who is currently practicing within your specific discipline.

All required forms can be downloaded at:

www.iaedp.com

INTERNATIONAL Certification requires completion of the following checklists:

- International Traditional Checklist (See *International TRADITIONAL Checklist online*)
- International Equivalency Checklist (See *International EQUIVALENCY Checklist online*)
- Sign the *Ethics Statement on the Certification Application* (See Traditional CEDRD Application or Traditional CEDS/CEDRN/CEDCAT Application or Equivalency CEDRD Application or Equivalency CEDS/CEDRN/ CEDCAT Application online)

<u>FOR ALL CERTIFICATION APPLICATIONS</u>:

- Include payment of the $150 Application fee
- Include a copy of all your active license(s)
- Make a copy of entire application and mail original to iaedp™
- Anticipate up to 90 days for completion of the Certification Committee review process.
- Renew certification every two years by completing requirements listed on *Renewal Application online*.